

NCS Family Owned Businesses

Animal Care

Winchelsea Veterinary Services

Mobile veterinary care for horses, cats and dogs.

Tyler Stitt

250-667-5534

info@winchelseavetservices.ca

Food & Restaurants

Cafe Jose

Columbia fair trade speciality coffee, distinguished by cultivation, collection and treated ornamentally throughout the whole process. Exotic flavours and aromas such as caramel, almond, chocolate and panels among others.

Fernando Campos

Text 778-707-0458

<https://www.youtube.com/watch?v=Ts3PXSl0ccA>

Fresh Mexican Salsas

Specializes in making traditional salsas, using original recipes, fresh ingredients with authentic Mexican taste. Vegan, gluten free, no sugar added

Lilia Rechon-Reguet

778-269-2922

www.islandersfreshauthenticmexican.com

Facebook: Islanders.mexican.salsas

Instagram: @islanders.mexican.salsa

Little George's Restaurant (South End)

a neighbourhood favourite since 1990

Kimberly Chadd

398C Bruce Ave Nanaimo

250-754-3271

littlegeorgescentral.com

Gain Foods

Wholesale Dessert Bakery, Prepared Foods & Lunch Catering

Fresh homemade baking you order via our website at www.gainfoods.com with pick-up or delivery. Gain Foods is primarily a wholesaler to other commercial operations, local cafes, and food service operations.

Jim & Roxanne Gain

(250) 591-2920

nanaimobc@hotmail.com

Instagram: @gainbiz

Facebook: Gain Foods Bakery

Health, Well-Being & Beauty

Chase River Dental

Dr. Danielle Micacchi

250-716-3388

chaserivernanaimodentist.com

Grandy Gram

A senior's care package business for families and friends to reach their shut in loved ones in care or at home.

Jody Blanco

250-713-9986

www.grandy-gram.com

Harewood Dental

'Healthy smiles for our community'

250-754-1949

www.harewooddentalclinic.ca

Island Clinical Counselling Ltd

Specializing in anxiety, depression, ADHD, OCD and trauma for adults, parents, couples and families. Christian counselling upon request. Our child & youth program offers play and activity based therapy, talk therapy or group therapy. Parenting programs and online workshops available.

778-762-3750

www.islandclinicalcounselling.ca

info@islandclinicalcounselling.ca

Nurse Moreen

Works with Dr. Jenny Cheng, a board certified plastic surgeon.

Aesthetic Nurse Injector offering Botox, filler, skin boosters, Morpheus8.

(250) 667-1591

www.nursemoreen.com

Facebook: Nurse Moreen

Instagram: nursemoreen

Ocean View Cuts

Colours, foils, perms, cuts, special event up do's etc. Trained in barber style techniques including but not limited to: clipper over comb, scissor over comb, mustaches etc. With special awareness and skills for our amazing kids with diverse needs. From Autism, ADHD, Anxiety, Depression, FASD, etc. Serving all ages and stages in a quite relaxing home city licensed hair salon.

5563 Hammond Bay Road,

Nanaimo, BC

phone or text 250-755-6896

One Life Recovery

We offer housing, recovery coaching, and interventions for individuals and families looking to overcome substance abuse issues.

Founder Brett Johnson

250-619-9663

www.one-life.ca

brett@one-life.ca

Angelina Landry PhD(Cand.) M.A. RCC

Registered Clinical Counselor

103-1621 Dufferin Crescent

Nanaimo, BC

250-591-7790

www.angelinalandry.com

Travis Michelson Kinesiology

You were made to Thrive! I am a qualified Biokineticist and Practicing Kinesiologist using scientific-based exercises to help those: 1. That have been in car accidents (directly bills ICBC); 2. Recovering from Injuries/Surgeries (sporting injuries, joint replacements, etc.); 3. Struggling with Chronic pain (such as back pain, arthritis, tendonitis, etc.). My goal for each person is to get them back to doing what they love doing most, or keeping them doing what they love doing for longer.

Cellphone: 236 544 2835

Email: travis@tmkin.ca

Website: www.tmkin.ca

Instagram: [tkmin_nanaimo](https://www.instagram.com/tkmin_nanaimo)

Facebook: Travis Michelson Kinesiology

Home Renovations and Maintenance Services**First General Services of Vancouver Island**

Repair homes & businesses that have been damaged by fire, water, wind and other unexpected events. Emergency services & full reconstruction, hazardous remediation for mould, asbestos and lead.

778-441-3123

www.fgsvi.com

Info.nanaimo@firstgeneral.ca

LCL Lentz Contracting Ltd

Commercial & Residential Project Solutions

Excavation / Trucking / Aggregate Sale

Serving Vancouver Island since 2006

Fully insured and bonded

lentzcontracting.stephan@outlook.com

1-778-268-4804 direct

Stephan Vincent Lentz

lentzstephanvincent@gmail.com

Living Simple Organizing

I create function & simplicity through home organization & move-in services.

Larissa Sevenhuysen

LivingSimpleOrganizing.com

Contact me on Facebook & Instagram

Milestone Equipment Contracting Inc

Civil excavating services in a variety of industrial types; civil, industrial, commercial, environmental, residential and landscaping.

250-951-6659

info@milestonecontracting.com

R+Co Plumbing

R+Co Plumbing is a family owned and operated company located in Nanaimo, BC. We proudly serve local businesses and families across Vancouver Island. Whether you are taking on a new renovation project or experiencing an emergency plumbing problem, we are here to help. R+Co Plumbing always delivers excellent plumbing service and craftsmanship. Our team of professionals are here to guide you every step of the way with clear and affordable pricing.

250-713-6216

ryan@rcoplumbing.ca

Saving Grace Cleaning & Services Inc

Cleanings of any frequency with consistent quality and use only eco-friendly products.

250-740-1509

info@savinggracecleaningservices.com

savinggracecleaningservices.com

Top Trade Insulation & Attic

Insulation upgrades, ventilation repairs including bath/kitchen exhaust systems, sold powered ventilation systems, bathroom fan replacement, mold stain treatment, contaminated insulation removal; free attic inspections and estimates

Owner Peter Kamerman

250-734-3051

www.ttia.ca

Peter@ttia.ca

Treadstone Coatings

Professionally installed epoxy/polyaspartic flooring; free quotes

Trevor Dawes

250-802-6488

www.treadstonecoatings.ca

trevor@treadstonecoatings.ca

Oceanfront Painting

Family owned and operated painting company providing interior and exterior painting

services for residential or commercial properties. We service central Vancouver Island from Ladysmith to Parksville.

www.oceanfrontpainting.com

250-755-6563

Geoff Munro

New Creations

Specializing in surface restorations for property, automotive, RV and marine applications. We repair a vast array of surfaces/finishes including wood, vinyl, leather, stone, fabric and more.

236-362-4029 or www.newcreations.com

Woodwerks

Providing furniture repair and refinishing services for antique and contemporary wood furniture pieces including cabinet refinishing.

(250) 758-3381 or <https://nanaimowoodwerks.com/>

Realtors & Appraisers

Cunningham & Rivard Appraisals Ltd

Commercial real estate appraisals specializing in multi-family, mixed uses, industrial, residential, recreational, hospitality, institutional, forestry, agriculture, foreshore valuations, and treaty land settlement throughout Vancouver Island

Simon Wainwright

250-753-3428

swainwright@crisland.com

www.crisland.com

Paula Baker - Royal LePage Nanaimo

250-758-7653 (direct)

250-714-5268 (cell)

www.royallepage.ca

Shanon Kelley & Jamie Kennedy - Personal Real Estate Corporation

With 16 years of award winning service, it would be our honor to serve our community. Offering a 25% referral fee back to the school for all NCS parents, staff and alumni from the commissions of any residential house sales or purchases in 2023.

778-840-4955

serviceandvalue@gmail.com

www.shanonkelley.com

<https://www.facebook.com/ShanonKelleyPREC/>

Photographers

Areli Images

Services include family (maternity, couples, lifestyle newborn), portrait, branding photography

www.areliimages.com

info@areliimages.com

Instagram - @areliimages

Jorja Portraits (Angela Eaves Photography)

Specializing in family portraits for over 14 years, grad, prom; voted second best photographer in 2020/22.

Angela Eaves

250-618-4702

awinkelmans@hotmail.com

Also on social media

Retail**Red Shelf Decor**

Store selling antiques, collectibles and gifts for all budgets

Steven Johns

250-891-3142

C-123 Commercial St Nanaimo

redshelfdecor@gmail.com

Learning Services**Lynn Rogers Music**

Discover the joy of music with piano and voice at Lynne Rogers Music Studio.

Teaching students from 3 years and up in private and group classes!

Lynne Rogers

Musical Director

www.lynnrogersmusic.ca

250 954 SONG (7664)

Professional Services**Arneeon Media - Digital Marketing**

Arneeon Media is a Search Engine Optimization and internet marketing firm working to deliver for every client we onboard. We specialize in SEO & PPC strategies for Lawyers, Real Estate agents or agencies, Investor audience targeting, and local businesses. While we don't guarantee #1 rankings, we excel at delivering substantial value for our clients and promise professional services backed by results. We will move you from obscurity to visibility with the goal of targeted visibility to the people who need you when they need you. "Lifting your spirits by raising your ranks"

Derek Rogers * 250-951-7625 * <https://www.arneeon.com>

Karin Oertel - Graphic Design

Graphic design and videographer specializing in events (mostly weddings). Graduated in Brazil as a graphic artist and in Canada with a Master of Arts in Christian Studies, worked in Italy with outreach and events. My passion is combining art and Bible to support ministries, families and our community. Karin Oertel Media is currently expanding to offer video highlights of weddings in BC, Canada.

karinoertel.com 250-268-8202